











# Bullying Conversations Starters

- Choose a time when you can talk to your child privately.
- If possible, choose a time that is calm and where emotions aren't high.
- Try not to react strongly if they share about a time they were bullied. This conversation is about learning how your child is feeling and how to support them. You may need time to process your thoughts and feelings individually if they share something difficult. It's OK to tell them that the behavior they experienced/witnessed was NOT OK but keep yourself calm and try to avoid raising your voice or threatening immediate action.
- Remind your child you love them and you are there to support them, no matter what.

<p><b>Conversation Starters</b></p> <p><i>For talking about bullying</i></p> <p>Do you have friends at school or kids you like?</p> <p></p>	<p><b>Conversation Starters</b></p> <p><i>For talking about bullying</i></p> <p>How do other kids treat you at school?</p> <p></p>	<p><b>Conversation Starters</b></p> <p><i>For talking about bullying</i></p> <p>Is there anyone who is mean or a bully to you at school?</p> <p></p>	<p><b>Conversation Starters</b></p> <p><i>For talking about bullying</i></p> <p>How do you know if a friend is being bullied?</p> <p></p>
<p><b>Conversation Starters</b></p> <p><i>For talking about bullying</i></p> <p>What do you do if you see bullying?</p> <p></p>	<p><b>Conversation Starters</b></p> <p><i>For talking about bullying</i></p> <p>How do you feel when bullying happens to you or someone else?</p> <p></p>	<p><b>Conversation Starters</b></p> <p><i>For talking about bullying</i></p> <p>Can you think of why someone might not say they were feeling bullied?</p> <p></p>	<p><b>Conversation Starters</b></p> <p><i>For talking about bullying</i></p> <p>Why is it important to talk about bullying?</p> <p></p>
<p><b>Conversation Starters</b></p> <p><i>For talking about bullying</i></p> <p>Have you ever hurt someone on purpose?</p> <p></p>		<p><b>Conversation Starters</b></p> <p><i>For talking about bullying</i></p> <p>Who is a trusted adult you would go to if you saw someone being bullied?</p> <p></p>	

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