

Conversation Starters:

Talking to Kids About Social Media

<p>Conversation Starters</p> <p>Who do you follow on social media? What interests you about their posts?</p> <p>The Kids Mental Health Foundation</p>	<p>Conversation Starters</p> <p>What's the best part about talking with your friends online?</p> <p>The Kids Mental Health Foundation</p>	<p>Conversation Starters</p> <p>How do you feel when people like your post? When they don't?</p> <p>The Kids Mental Health Foundation</p>	<p>Conversation Starters</p> <p>What kind of things do you see that are weird or uncomfortable?</p> <p>The Kids Mental Health Foundation</p>
<p>Conversation Starters</p> <p>What don't you like about social media?</p> <p>The Kids Mental Health Foundation</p>	<p>Conversation Starters</p> <p>How do you decide who to follow?</p> <p>The Kids Mental Health Foundation</p>	<p>Conversation Starters</p> <p>What things aren't you doing because you're spending time on social media?</p> <p>The Kids Mental Health Foundation</p>	<p>Conversation Starters</p> <p>How do you feel after spending time on social media?</p> <p>The Kids Mental Health Foundation</p>



Follow us and sign up for our free mental health resource emails to help you start conversations, and build skills to boost mental health and wellness in children at KidsMentalHealthFoundation.org/Sign-Up.



The Kids Mental Health
Foundation



#KidsMentalHealthFoundation

KidsMentalHealthFoundation.org